BDIAP March Study Days – Cut-Up Study Day

• Name:

Jennifer Wilde

• Training year (ST if based in the UK)/Job role:

Trainee AP in Specimen Dissection

• Why did you want to go on the study day(s)?

I wanted to attend this study day as it would provide revision and up to date, evidence based methods of dissection for specimens that I am already familiar with. In addition, it would provide a good overview of specimen types that I haven't started dissecting yet. Receiving information on the theory and practice of dissection of a range of specialisms from experts in their field will be highly beneficial for sitting the DEP exam in November.

• Do you feel more confident in your ability to cut up most specimens following attendance at the study day(s)?

I feel more familiar with the dissection of most of the specimens following the study day. Although I am not currently dissecting all of the specimens covered in the study day, it has increased my confidence in starting to dissect more specimens.

• Highlight aspects of molecular pathology/cut-up that you have learnt from the study day which you were not aware of prior to the day.

I learnt a general overview of many specimens that I had not dissected before which will provide a good background for my portfolio and exam.

• Are there any aspects of what you have learnt during the Molecular Pathology/Cut-up study day(s) that you would consider incorporating into your own practice or have already incorporated into practice?

Aside from the information of how to approach dissection of different specimen types, some of the most valuable take home messages covered in all of the talks were:

- Ensure there is adequate clinical information and read it thoroughly before commencing dissection of specimens.
- Know your limitations and seek advice when you are unsure. Don't be afraid to ask.
- Know the anatomy of the different specimens and become familiar with their associated data sets.

I will definitely be ensuring I cover all of these aspects in order to complete a good quality dissection.

• Did the study day(s) meet your expectations?

Yes. All of the speakers were extremely knowledgeable and provided a huge amount of relevant information that will be beneficial in my future practice. It was held in a fantastic venue and it was really great to finally be at a face to face event again.

• Finally, would you recommend it to your colleagues? Definitely. And I hope to return myself in the future.